**Assessment Plan**

**Mission Statement:**

To educate psychological counselors in Ukraine and Eurasian region in counseling and traumatherapy based on U.S. standards of counseling education and clinical practice.

**Goals of the Traumatherapy Program:**

1. apply knowledge of current research with clinically relevant skills of individual counseling in clinical practice;

***Assessment 1:*** Internship case write up, including discussion of development, addictions, theories, and ethics

***Assessment 2:*** Comprehensive exam question/case study response, include use of current research in response

1. apply knowledge of current research and clinically relevant skills of group counseling in clinical practice;

***Assessment 1:*** Group course recording

***Assessment 2:*** Internship video/write up, if groups are part of internship

**OR**

Group Project write up

1. diagnose and make treatment plans for psychotherapy of emotional and mental disorders based on ICD-10 and DSM-5, with the awareness for trauma, combat, and crisis situations.

***Assessment 1:*** Case write up, include all aspects listed above – can be same as (a) assessment 1

***Assessment 2:*** Comprehensive exam question/case study response – can be same as (a) assessment 2

**Goals of SUPERVISION Specialty**

1. Provide clinical supervision to psychologists and psychological counselors who are practicing in mental health environment broadly defined in Ukraine and Eurasian region.

***Assessment 1:*** Supervisionship tape **x2** – supervisor eval and student self-eval

**OR**

***Assessment 2:*** Supervision case study response – include ethics

**Goals of TEACHING Specialty**

1. Demonstrate the ability to design and teach a post-graduate level course in counseling consistent with IRCEP standards.

***Assessment 1:*** Design a course syllabus that is developmentally appropriate for student audience, incorporating current counseling and andragogical research.

***Assessment 2****:* Design and execute lesson plan in a manner that is developmentally appropriate for student audience, incorporating current counseling and andragogical research, and demonstrates appropriate time management.

**Required Courses:**

*All student learning assessments are conducted during courses and not during modules.*

1. Counseling clinical skills, ethics, orientation to internship
2. Group counseling – **May 2018**
   * *Assessment:* Group course recording (b.1)
   * *Assessment:* Group project (b.2)
3. Internship – **Sept 2018-April 2019**
   * *Assessment:* Case write up (a.1 & c.1)
   * *Assessment:* Group video & write up (b.2)
4. Addictive Behaviors: Process and Chemical Addictions
5. Counseling Theories and Practices, advanced counseling skills – **May 2019**
   * *Assessment:* Comprehensive Exam/Case Study Response (a.2 & c.2)

**Supervision Specialization:**

1. Clinical Supervision (course)
2. Supervisionship (supervision of supervision)

**Teaching Specialization:**

1. Leadership & Standards in Psychological Counseling
2. Curriculum Development I
3. Capstone (advanced ethics, curriculum development II)
4. Instructorship

**Required Modules**

1. Introduction to Traumatherapy
2. First Psychological Aid
3. Compassion Fatigue and Compassion Stress Management
4. Psychological assistance with Grieg and Loss Process
5. Assessment and Case Conceptualization
6. PTSD Screenings and Assessments
7. How to Initiate Forgiveness in the Counseling process, moral injury
8. Psychopathology, diagnosis of depressive, anxiety and trauma-related disorders
9. Cognitive Processing Therapy, theory and practice
10. Family Readjustment Program for military returning from combat
11. Expressive therapeutic techniques
12. Sandtray and art therapy techniques
13. Helping Victims of Sexual Abuse
14. Eye Movement Desensitization and Reprocessing (EMDR) Level I

**Electives available at any time in program**

1. Sexuality and Psychotherapy of Sexual Disorders
2. Pre-Marital Counseling

**Electives available to 2nd year students only**

1. Eye Movement Desensitization and Reprocessing (EMDR) Level II
2. Family Therapy – Part 1
3. Using the HEART (Healing Emotional/Affective Responses to Trauma)
4. Family Therapy – Part 2